

COVID-19 Isolation and Quarantine Operations

How was the COVID-19 Isolation and Quarantine plan developed?

This plan was created and will be managed by a cross-campus coalition from the following offices: Carolina Housing; Campus Health; Carolina Dining Services; Environment, Health and Safety; UNC Police; the Office of the Dean of Students; Facilities Management; Parking and Transportation Services; Emergency Management; and Information Technology Services. Additional guidance for the plan came from a variety of sources including the Centers for Disease Control, the Orange County Health Department, the North Carolina Department of Health and Human Services, and similar plans from other institutions.

What is Isolation Housing?

Isolation Housing is for residential students who we have tested positive for Coronavirus (COVID-19).

How long will students stay in Isolation Housing?

Campus Health will advise students of how long they should remain in isolation. In general, an isolation period will be determined depending on if/when students had an onset of symptoms. If students test positive but are asymptomatic, the isolation period will likely be 10- 14 days.

What is Quarantine Housing?

Quarantine Housing is for residential students who were in close contact with someone diagnosed with or suspected to have Coronavirus (COVID-19). This means they have either:

- Been within 6 feet of an infected person for at least 15 minutes without one or both of the two wearing a face covering (household members, intimate partners, caregivers), or
- Had direct contact with infectious secretions (e.g. being coughed on, being sneezed on, sharing utensils, having sexual contact, providing medical care without personal protective equipment).

How long will students stay in Quarantine Housing?

Campus Health will advise students of how long they should remain in quarantine. In general, close contacts quarantine for 14 days from the most recent encounter with the infectious person. People are considered to be infectious from 48 hours before their symptoms first appeared (or from the date of collection of their positive lab test if they did not have symptoms) until they are no longer required to be quarantined.

How does Testing and Tracing work?

Information on these topics can be found in the [Carolina Together Roadmap](#) and on the [Campus Health website](#).

How does a student get to the Isolation or Quarantine buildings?

Students who require isolation or quarantine housing will be allowed to return to their current residence halls to retrieve items before moving in. Students will be able use P2P to transport them from Campus Health to current residence hall and then to the isolation or quarantine space.

What if students are too sick to move into the Isolation or Quarantine buildings?

If a student is too sick to move in, Campus Health will work with the student to determine available and appropriate alternatives.

What are the restrictions while a student is in Isolation or Quarantine Housing?

To prevent students from possibly spreading COVID-19 to uninfected people, they must restrict activities and limit all movements that may put them in contact with others during their isolation/quarantine period.

- Once students move into isolation or quarantine housing, they are not return to their regular room assignment for any reason. If they need access, they should contact Carolina Housing.
- Students should not go to work, class, or into any public areas.
- Students may not allow visitors, including family members or significant others, into the building/room.
- Students should stay in their assigned isolation or quarantine rooms. They may only leave their assigned isolation or quarantine rooms to pick up food or do laundry. During these brief periods, they must stay at least six feet away from others in the building and wear a medical grade mask (or a cloth face covering if they don't have a medical grade mask).
- Students may only leave their assigned isolation or quarantine buildings to get necessary medical care. Before going to Campus Health or any medical facility, students should call the facility first.

Any violations of these requirements or the [University's Community Standards](#) as articulated in the [COVID-19 Notice and Student Acknowledgement](#) may result in loss of privilege to live in the residence halls.

Are family members allowed to pick up students from quarantine or isolation and take them home?

Family members are allowed to pick up students from quarantine or isolation and take them home. Students wishing to leave quarantine or isolation should first contact Campus Health to ensure that Health officials know where the student is and how to best support them. Any visitor to campus will be required to wear appropriate PPE, including masks, while on campus.

How do students get meals while in Isolation or Quarantine Housing?

Meals will be provided through Carolina Dining Services. Everyone in Quarantine or Isolation housing will receive three meals a day at no charge regardless of meal plan status. Students will have the opportunity to provide Carolina Dining Services with information regarding food-related allergies and dietary restrictions. Students are also welcome to order delivery as long as they use contactless delivery. Each room has small refrigerator/microwave and meal delivery logistics will be provided to students when they move in.

How do students get medications while in Isolation or Quarantine Housing? The Campus Health Pharmacy will provide prescription and over-the-counter medication delivery to those in on campus isolation and quarantine once daily.

What Medical Monitoring is in place for students in Isolation or Quarantine Housing?

Information on this topics can be found in the [Carolina Together Roadmap](#) and on the [Campus Health website](#).

What happens if a student's condition worsens while in Isolation or Quarantine Housing?

UNC Police will conduct a wellness check if Campus Health becomes concerned about a student's condition during the medical monitoring process. If a student is too sick to remain, Campus Health will work with the student to determine available and appropriate alternatives.

How are class absences managed while students are in Isolation or Quarantine Housing?

If students are taking in-person classes or online classes, and they are experiencing symptoms that inhibit their ability to attend classes or complete coursework, they can [submit a request](#) to the University Approved Absence (UAA) Office for up to 14 consecutive days of UAAs. Campus Health Services will assist in providing documentation needed for UAA Office to evaluate UAA requests. UAAs will be sent to faculty as quickly as possible but may take up to 10 business days during high volume times. Additionally, students are strongly encouraged to communicate directly with their instructors that they will be unable to attend class for the time period specified by their medical provider.

What general support is available while students are in Isolation or Quarantine Housing?

The COVID Student Care Hub will provide outreach to students after they move into Isolation or Quarantine Housing. A follow-up email with an extensive resource list will be sent after that outreach. Additionally, students should contact the Hub for concerns or challenges navigating academic adjustments with faculty, for basic needs and financial issues, or for general questions, concerns, or issues.

If isolation is impacting students' mental health, they can contact Counseling and Psychological Services (CAPS) regardless of the time of day at 919-966-3658

If students need medical advice during their quarantine and isolation when Campus Health is closed they can contact UNC Healthlink at 919-966-3820

If students have an emergency and feel their immediate safety is compromised, they should call UNC Police

How are students informed of all this information?

Those moving into isolation or quarantine housing will receive a fact sheet that provides information on dining logistics, package/mail delivery, emergency protocols, what to do about class and work absences, along with other important details.

How are common areas within the Isolation or Quarantine buildings cleaned?

The common areas of the buildings used for isolation and quarantine housing on campus will professionally cleaned and sanitized at least twice a week. This cleaning includes elevators, entryway doors, hallways, and the laundry room. Students are responsible bringing trash from their rooms to hallway receptacles; the cleaning staff will remove it from the building.

How are Isolation or Quarantine rooms cleaned before and after use?

The rooms used for isolation and quarantine housing on campus will professionally cleaned and sanitized in between occupancy. Students are responsible for cleaning their own residence hall rooms after their period of isolation or quarantine is complete.

Are off-campus students able to go into the quarantine or isolation building if needed?

Campus Health will work with each individual student to determine the most appropriate location for

quarantine and isolation. In many off-campus cases, particularly in situations where students have their own bedroom and own bathroom, their off-campus residence is going to be the optimal solution. In some cases, their permanent home is an option. In other cases, a hotel may be an option. If there are no alternatives, on-campus housing remains an option if need be. On-campus housing cannot be the primary or exclusive location for all off-campus students needing quarantine or isolation due to capacity. The two on-campus halls are primarily set aside to serve on-campus students. Students who quarantine or isolate off-campus will still receive the same level and frequency of care from Campus Health throughout their monitoring period as on-campus residents.

How do off-campus students get food, medicine, health care, etc. if they are quarantining or isolating off-campus?

The [Town of Chapel Hill](#), [Town of Carrboro](#), and [Orange County](#) have collated extensive resources to help local residents gain access to food, medicine, and healthcare during this time. Students who are quarantining or isolating off-campus receive outreach from COVID-19 Student Care Hub staff that includes not only this information, but additional resources for mental health support and financial assistance, as well as what to do about class and work absences. Additionally, as all student circumstances are unique, students are invited to connect with a staff member by phone or virtual meeting to discuss any particular concerns or challenges for which they need specific support.